

Narrabeen Super Cup

Saturday 5 March 2022

NOTICE OF RACE

Organising Authority

Narrabeen Lakes Sailing Club Inc

Jamieson Park, The Esplanade, Narrabeen, NSW 2101

in conjunction with

AUS International O'pen Skiff Association Inc.



Narrabeen Lakes Sailing Club

1 RULES

The regatta will be governed by the rules as defined in the Racing Rules of Sailing 2021-2024 (RRS). Australian Sailing Special Regulations - Part 2 (for off the beach boats) shall apply. It is the responsibility of all competitors to ensure that life jackets comply with a standard equivalent to those listed in the regulations. It is recommended that competitors wear a safety helmet to the minimum standard of EN1385 or EN1077 whilst afloat.

- 1.1 Gold Fleet Racing Rules of Sailing 2021-2024 (RRS). Australian Sailing Special Regulations - Part 2 (for off the beach boats) shall apply.
- 1.2 **Silver Fleet** The regatta will be governed by the World Sailing Introductory Rules for Racing. Refer to Attachment #3.
- 1.3 **Green Fleet** Refer to Attachment #2.

2 ELIGIBILITY AND ENTRY

- 2.1 The regatta is open to boats complying with the current O'pen Skiff class rules.
- 2.2 Boats may be available for charter.
The charter fee is \$50 and can be booked online during entry.
- 2.3 The use of the North Sails manufactured, 3.2m Russell Coutts training sail, is allowed for Silver and Green Fleets.
- 2.4 All sailors shall be financial members of a yacht club that is affiliated with Australian Sailing or their MNA.
- 2.5 Each boat shall be covered for a minimum \$10 million of third-party liability insurance. NLSC requires all boats participating in aquatic events provide evidence of insurance cover both on shore and while racing.
- 2.6 Competitors and guardians shall abide by the Australian Sailing Member Protection Policy and Procedures.
- 2.7 Entry fee is \$40.
- 2.8 Boats shall enter online at: <https://www.trybooking.com/events/landing/867631> and pay the relevant entry fee.

3 PROPOSED SCHEDULE (NOTE: An updated version may be available at registration)

08:30	Registration and Charter Boat Allocation
09:30	Briefing
10:30	Racing
12:00	Lunch
13:30	Racing
15:00	Prize Giving

- 3.1 A number of non-scoring adventure type races will be sailed during the event when conditions are appropriate
- 3.2 No warning signal will be made after 1500.

4 SAILING INSTRUCTIONS

Sailing Instructions (SIs) will be available at registration and posted online prior to the event. SIs will be posted on the Official Notice Board. Other documents governing the event may be published with the Sailing Instructions.

5 VENUE AND COURSE AREA

The regatta will be conducted at Narrabeen Lakes Sailing Club on the waters off Narrabeen Lakes Sailing Club shown in Attachment 1.

6 COURSES

- 6.1 For point-score races a mixture of windward/leeward, trapezoid or slalom as described in the sailing instructions.
- 6.2 Adventure Races will be varied and be defined in the Sailing Instructions
- 6.3 The target time for each point score race is 25 minutes.

7 SCORING

- 7.1 The Low Point Scoring system of RRS Appendix A will apply.
- 7.2 Four point score races are scheduled, plus a number of Adventure Races.

8 SUPPORT BOATS

- 8.1 All support boats shall register with the OA and may be required to display an identifying flag which will be provided at registration. Life jackets are to be worn by all personnel on registered support vessels.
- 8.2 Support boats shall be covered for a minimum \$10 million of third-party liability insurance. Proof of cover may be required at registration.
- 8.3 Support boats are requested to monitor the course VHF channel for safety information, provide assistance, if requested and follow any instructions given by the race officer.
- 8.4 Support boats shall remain at least 50m outside the course area unless providing safety assistance to a competitor.
- 8.5 Silver and Green fleet boats may receive coaching assistance from the official coach boat(s) and any such communication shall not be considered outside help. This changes rule 41.

9 BERTHING

All trailers may be stored in the areas designated by the Host Club. Any trailers left within the boat park may be moved / relocated at the discretion of the Organising Authority/Host Club.

10 LUNCH

Unfortunately our Clubhouse was damaged by fire and we do not have a kitchen. We will be bringing food from off site to keep us fed. This is available to sailors, families and support crew. Lunch will therefore need to be pre ordered. A Pie, Drink & Snack Deal can be ordered on the entry form.

11 MEDIA RIGHTS

In participating in this event, a competitor or their guardian automatically grants to the organising authority and the sponsors of the event, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still pictures and live, taped or film television and other reproductions of him/her during the period of the competition for the said event in which the competitor participates and in all material related to the said event without compensation.

12 PRIZES

Gold Fleet Overall: 1st, 2nd, 3rd

Silver Fleet Overall: 1st 2nd 3rd

Green Fleet - Prizes may be awarded for 'encouragement' and 'taking part' as well as placing for positions.

Other prizes may be awarded by the Organising Authority.

13 DISCLAIMER OF LIABILITY

Competitors participate in the event entirely at their own risk (refer RRS 4 - Decision to Race). The organizing authority will not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during, or after the event.

The boat's decision to enter will be considered to be testament that:-

- _the boat complies with the event entry eligibility requirements within this Notice of Race;
- _the skipper fully understands the meaning and intent of the RRS PART 1 – FUNDAMENTAL RULES;
- _the skipper has the necessary knowledge and skills to safely participate in and complete the event
- _the participants indemnify the organizing authority, its agents and volunteers from any responsibility for any matter relating to the boat's participation in the event.

This consideration is made in relation to the application of the Civil Liability Act 2003 to dangerous recreational activities

14 FURTHER INFORMATION For further information, please contact: The Australian O'pen Skiff Association Inc. Ph. 02 9949 1322 or Email: info@openskiff.org.au

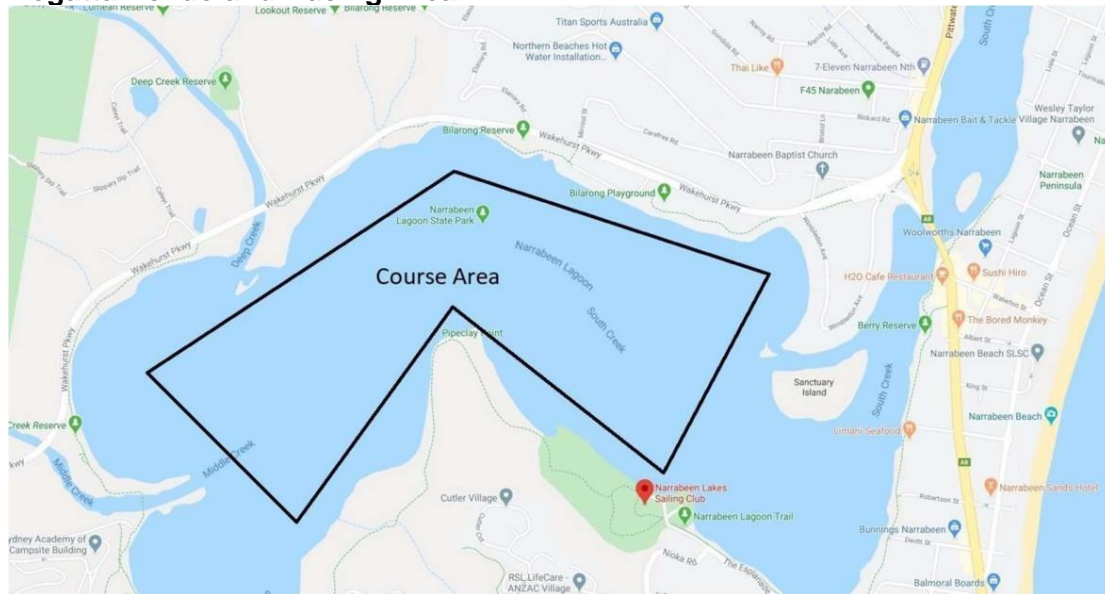
15 LIST OF ATTACHMENTS

Attachment 1 - Club location and sailing area

Attachment 2 - Green fleet Guidelines

Attachment 3 - Introductory Rules for Racing

Attachment 1: Regatta Venue and Racing Area



Attachment 2:
Green Fleet Guidelines

1. In the Green Fleet emphasis is on fun. The objective of this regatta is to offer younger and less experienced sailors the opportunity to sail and participate at the O'pen Skiff events without feeling the need or burden to sail in the more competitive and arduous Gold and Silver Fleets.
2. Sailing will be a mixture of adventure sailing, racing, freestyle and any other form of sailing that the organisers deem fit.
3. Sailors will benefit from a high level of coaching throughout the event.
4. Sailors entering the Green Fleet should be of a level of sailing similar and/or equal to Tackers 2.
5. Green Fleet racing is intended to be run dependent on weather forecasts and prevailing winds. Should the conditions be such that racing is an option this will be conducted on a separate course.
6. All Green Fleet participants shall comply with the 2017 International O'pen Skiff Class Rules.
7. The Green Fleet will consist of a variety of activities, led by appropriately qualified activity leaders/rules advisors (in an approximate ratio of 1:10 on the water). These activities may include both shore and on-water based skills, coaching and on-water games.
8. Prizes may be awarded for 'encouragement' and 'taking part' as well as placing for positions. Prizes will be awarded at the discretion of the Organising Authority.
9. Parents, guardians and friends are encouraged to come and spectate but please refrain from coaching/communicating with sailors and allow the qualified coaches to deal with any issues/circumstances that arise.



Introductory Rules for Racing

Version 1.01 - February 2008

Some Explanations

Windward and Leeward: The *leeward* side of your boat is the side where your mainsail lies. The *windward* side is the other side.

Port and Starboard tack: You are on *port* or *starboard* tack according to your *windward* side.

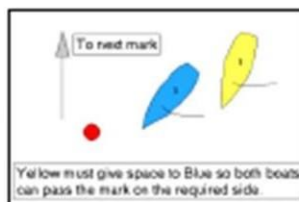
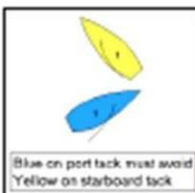
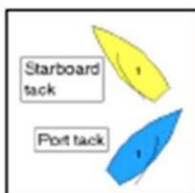
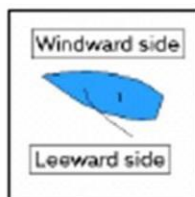
Advisor: A person appointed by the race organizers to assist competitors in understanding the rules and, when appropriate, to penalize a boat.

Basic Rules

1. You must comply with the principles of good sportsmanship.
2. You must try not to collide with another boat.

Rules When Boats Meet

3. When you and the other boat are on opposite *tacks*, if you are on *port* tack you must avoid the boat on *starboard* tack.
4. When you and the other boat are on the same *tack*, you must avoid the other boat
 - (a) if she is in front of you, or
 - (b) if she is on your *leeward* side.
5. After starting, when you and the other boat approach a mark or an object that both boats need to avoid, and the other boat is between you and the mark or other object, you must give her sufficient space to pass it safely on the same side. However, when the boats are on opposite *tacks* at a windward mark, this rule does not apply.
6. When the other boat is required to avoid you, if you change course, you must give the other boat an adequate opportunity to avoid you.



Other Rules

7. At the starting signal you must be behind the starting line.
8. After the starting signal, you must sail the course described by the race organizers.
9. You must not touch a mark of the course that is a committee vessel.
10. If you think you or another boat has broken a rule or if you are unclear about the rules at any time during the race, you must describe the incident to the *advisor* after the race. The *advisor* may then add two points to the score of any boat that has broken a rule. If the offence is serious, the *advisor* may add extra points to the boat's score.