



2020 Narrabeen SuuperCup

22nd March, 2020

SAILING INSTRUCTIONS



Organising Authority

Australian International O'pen Skiff Association
in conjunction with

Narrabeen Lakes Sailing Club (NLSC)




Narrabeen Lakes Sailing Club

1 Sign on and Sign Off

- 1.1 Each competitor shall sign on as instructed at the Competitors Briefing.
- 1.2 Competitors shall sign off within 15 minutes of coming ashore.
- 1.3 Failing to sign off may result in a DNE score without a hearing unless the Chief Umpire decides otherwise. This changes rule A5.
- 1.4 A boat retiring shall inform the race committee or umpires as soon as possible.



2 Signals Made Ashore

- 2.1 Will be displayed from the main flagmast on the NLSC.
- 2.2 When AP  is lowered ashore, the warning signal will be made not less than 30 minutes later. This changes race signals AP.




3 Notices to Competitors

- 3.1 Will be posted on the board located at the NLSC and described at the briefing.
- 3.2 Competitor briefings will be held at NLSC.

4 Changes to the Sailing Instructions

- 4.1 Any change made afloat will be identified by the display of International Code Flag 3rd Substitute  with three sound signals. The change will be advised verbally.
- 4.2 Any change made ashore will be identified by the display of International Code Flag L  with 1 sound at least 30 minutes prior to any race affected.

5 Class Flags
















- 5.1 Gold Fleet – Gold flag with Open Skiff logo 
- Silver Fleet – Silver flag with Open Skiff logo 
- Green Fleet – Green flag with Open Skiff logo 
- 5.2 Any signal displayed above these flags applies to that fleet only.

6 Start / Finish and Marks

- 6.1 The start line is between the orange flag on the race committee boat at the starboard end and a mark flying a chequered flag at the port end.
- 6.2 The finish line will be the same as the start line.
- 6.3 Course marks will fly yellow flags.

7 Start Sequence – amends rule 26

Pointscore races will be started separately for each fleet.

3 minutes to start "Warning Signal"	 or  or   with one sound
2 minutes to start "Preparatory Signal"	  with one sound
1 minute to start	    with one sound
Start	 or  or  +   with one sound

NOTE: Starting Penalties under rule 30, ie: I, Z, Black and U may still be made in conjunction with the 2 minute signal

NOTE: The Orange flag on the start boat may be raised with one sound five minutes before the first start sequence to alert boats.

- 8 Courses**
Will be a mixture of windward/leeward, trapezoidal and slalom and will be outlined at the daily briefing.
- 9 Rules** – refer NoR 1
The SI's shall take precedence over the NoR if there is any conflict. Changes rule 63.7
- 10 Advertising** – refer NoR 2
- 11 Race Areas**
Refer to NoR 7.
- 12 Scoring** – refer NoR 9
A number of novelty type races may be conducted.
These will not count towards a boat's series score.
- 13 Eligibility** – refer NoR 3
- 14 Prizes** – refer NoR 12
Prizes for novelty type races may be awarded by the OA.